

The background of the entire image is a close-up of aged, cracked parchment or leather. The cracks are deep and dark, forming a complex, web-like pattern across the light brown, textured surface. The lighting is slightly darker towards the edges, creating a sense of depth and highlighting the texture of the material.

# LAMENTATIONS

HOPE IN THE MIDST OF AGONY

*A Lenten Series*



# LAMENTATIONS



**HOW LONELY SITS THE CITY  
THAT WAS FULL OF PEOPLE**

**LAM 1:1**

# LAMENTATIONS

## COMING TO GOD IN OUR GRIEF



- EXPRESSING THE REALITY
- NAMING THE LOSSES
- CONFESSING SIN
- LOOKING TO GOD  
FOR DELIVERANCE



# LAMENTATIONS

**EXPRESSING THE REALITY**



**SHE WEEPS BITTERLY IN THE NIGHT  
WITH TEARS ON HER CHEEKS...  
JUDAH HAS GONE INTO EXILE...  
SHE DWELLS AMONG THE NATIONS  
BUT SHE FINDS NO RESTING PLACE**

**LAM 1:2**

# LAMENTATIONS

## NAMING OUR LOSSES

THE ROADS TO ZION MOURN,  
FOR NO ONE COMES TO HER APPOINTED  
FESTIVALS.  
ALL HER GATEWAYS ARE DESOLATE...

JERUSALEM REMEMBERS ALL THE  
TREASURES THAT WERE HERS IN DAYS OF  
OLD.

LAM 1:4, 7





# LAMENTATIONS

## CONFESSING OUR SIN

**JERUSALEM HAS SINNED GREATLY  
AND SO HAS BECOME UNCLEAN...**

**HER FILTHINESS CLUNG TO HER SKIRTS;  
SHE DID NOT CONSIDER HER FUTURE.**

LAM 1:8, 9



# LAMENTATIONS



**GOD HAS PROVEN  
HIMSELF FAITHFUL IN JUDGMENT  
THEREFORE WE HAVE HOPE**





# LAMENTATIONS

## LOOKING TO GOD FOR DELIVERANCE

**“LOOK, LORD, ON MY AFFLICTION,  
FOR THE ENEMY HAS TRIUMPHED.”**

**“LOOK, LORD, AND CONSIDER,  
FOR I AM DESPISED.”**

LAM 1:9, 11



# LAMENTATIONS



**FOR THE LORD WILL  
NOT REJECT HIS PEOPLE;  
HE WILL NEVER FORSAKE HIS  
INHERITANCE**

**PSALM 94:14**

# LAMENTATIONS



*DID GOD CAUSE MY DISASTER?*



# LAMENTATIONS

## COMING TO GOD IN OUR GRIEF



- EXPRESSING THE REALITY
- NAMING THE LOSSES
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FOR DELIVERANCE

# LAMENTATIONS

## HOW TO USE LAMENATIONS



- TO VALIDATE OUR SUFFERING
- TO HEAL
- AS A WARNING
- TO EMPATHISE