mainly musings term 3, 2020

CoroUniting mainly music 415 Main Road, Coromandel Valley

9.30-11.00am Mondays during school term (from 27 July)



Diary Dates

Monday 27 July

We survived isolation! Come and join us as we celebrate being back together again...!

Monday 31 August

Fathers Day session - a special session to celebrate the fathers and father-figures in our lives (see inside for further details)



With the continuing effects of the current pandemic ever with us, we are making several adjustments to the way in which mainly music will run for this term.

Please see inside for all the details and read these carefully. Feel free to discuss any of this with a team member.

Thank you.



We are taking the opportunity of a fresh start to update our records and will be asking <u>all families</u> to please complete a new mainly music registration form. Thank you for your help in this!



The Marriage Course

The Marriage Course is a series of 7 sessions, designed to help couples strengthen their relationship.

David & Kate Buxton will be running the next course **online**. We strongly recommend it for all couples. More info at <u>corouniting.org</u>.

<u>Cost</u>: \$50/couple (covers materials) Speak with David to register

7.45-9.45pm on **Wednesday nights from 12 August** (with catch-up options available)

The course will help you to:

- Understand each other's needs
- Communicate more effectively
- Grow closer by learning methods to resolve conflict
- Recover from the ways you may have hurt each other
- Recognise how your upbringing affects your relationship
- Improve relationships with parents and in-laws
- Develop greater sexual intimacy
- Discover each other's "love language" and much, much more....

Fathers Day session - Monday 31 August

We would normally run a special family night event each year around Fathers Day, however with the current uncertainty we are instead encouraging all fathers (or father-figures) who may be at home on this day to join us for a special Fathers Day session.

We will have a gift for all the men and a special craft activity after the session. We look forward to you joining us!

More information available as the term progresses.



Coronavirus update

During this season we need to be particularly mindful of ensuring that we help to keep others safe. Please help us help you.



If you / your child are unwell or have recently been interstate

We love you, however <u>please don't come to mainly music</u> until you have completed any required self-isolation. Feel free to instead watch one of the sessions on our <u>mainly music</u> <u>@ home playlist</u>. Find this at <u>youtube.com/corouniting</u>.

Recording Attendance We need to ask families to record the names of each person present as well as the times of arrival and departure - this will be clearly sign-posted in the foyer and will be separate to the regular sign-in process. If we already have your contact details on file there is no need to provide these again.

Prams/Strollers Unless you have a sleeping infant in your pram/stroller, we'll ask that you please leave it in the church foyer upon entry.

Stopping the Spread Hand sanitiser will be available at the front doors as well as at morning tea. We encourage social distancing (mats will be placed 1½m apart) however understand the impracticality of this for pre-schoolers. Feel free to wear a mask if you would like and respect others' space during morning tea. If you feel more comfortable heading straight home after the session we fully understand.

Session Props Our session props will be limited to those that can be easily cleaned or are single-use (eg. feathers, paper plates). We understand that kids may want to choose their own scarf or coloured feather, and so if these props are used, please help your child choose one in the foyer before the session starts (we're trying to avoid kids touching lots of different ones...). We'll have a large flexi-bucket for props that are 'mouthed' - these will be thoroughly cleaned after the session.

Cleaning We will be using disinfectant wipes on commonly used hard surfaces (eg. tables) and door handles etc. prior to, during and after each session. All toys will be cleaned using a food-grade disinfectant spray (so they are safe for pre-schoolers who may put them in their mouths) in accordance with current guidelines. At this stage there will be no shared toys or books in the middle before the session starts.

Morning Tea We will continue to serve individual bowls of fruit, sakatas and vegemite sandwiches as well as water for the children. We'll also still make you a nice hot cuppa and will leave the named coasters out so you have a safe place to put your drink down. Unfortunately during this season we will need to replace the homebaked cakes for morning tea by biscuits set on a high table (out of reach of children) and served in a plastic tray (so you can pick one up without touching the others). Please also BYO water bottle. Thank you for your understanding!

Playtime After the session ends, children may play in either the main church (under parental supervision), the chapel (where toys will be set out) or outdoors as usual. The smaller room off the chapel and the toy area in the chapel will be out of bounds. The chapel has a maximum capacity of 28 people (including children) so please make an assessment of numbers before you enter. Access to the outside cubby and nature play area will be through the gate on the lawn behind the chapel.

About mainly music

When

mainly music is held from 9.30-11.00am every Monday during school term except for week 1 and public holidays.

What

mainly music is a fun, interactive music and movement group for parents/carers to enjoy together with their young child(ren).

The informal and relaxed session begins with thirty minutes of music and movement, followed by a healthy snack for the kids and a time of free play and/or themed craft activity while the adults catch up over a cuppa and some delicious morning tea.

Session fees

Our session fees are \$6/week or \$40/term. We encourage contactless payment (although accept cash) and you can make this easier still by prepaying online at <u>corouniting.org/give</u>. Just let us know when you arrive.

Aim

The aim of mainly music is to introduce children to music, creativity and more, plus give families a chance to think about the God-part of life. Children enjoy time with their parent/carer and develop gross and fine motor skills, language, imagination, maths and pre-reading skills.

Contact

Please make contact with any queries, comments or suggestions.

David Buxton (pastor)	8270 1800	0438 500 375
		families@corouniting.org

Church Office (admin) 8270 1800 office@corouniting.org

The Team

Anyone wearing a blue mainly music t-shirt, and/or a nametag on an orange lanyard is a member of our team. Our team members all have valid Working with Children Checks and most are volunteers from CoroUniting church - we couldn't do this without them!